

REQUIRED DOCUMENTS FOR PARTICIPATION

BEGINNING PRACTICE DATES

FREMONT HIGH SCHOOL ATHLETICS (2022 – 2023)

It is fully expected that all paperwork (see list below) be fully completed by each athlete, wanting to participate in a sport by the first official day of practice for that sport.

- IHSAA pre-participation physical (*please make sure to complete all parts, especially where signatures are required*).
- You and your parent(s) must read the information about concussions and sudden cardiac arrest.
- You and your parent(s) must sign and turn into the athletic office the acknowledgement parent/athlete signature form, *indicating you have read the information concerning concussions and sudden cardiac arrest.*
- You and your parent(s) must sign and turn into the athletic office the acknowledgement parent/athlete signature form, *indicating that you understand and will follow the athletic guidelines and expectations from the Fremont Community Schools Athletic Policy Handbook.*

FIRST OFFICIAL STARTING DATES FOR FALL SPORTS

- Girls' Golf – **July 29th**
- Cross Country, Football, Boys' Tennis and Volleyball – **August 1st**

FIRST OFFICIAL STARTING DATES FOR WINTER SPORTS

- Girls' Basketball – **October 17th**
- Wrestling – **October 31st**
- Boys' Basketball – **November 7th**

FIRST OFFICIAL STARTING DATES FOR SPRING SPORTS

- Track – **February 13th**
- Softball – **March 6th**
- Girls' Tennis, Baseball and Boys' Golf – **March 13th**

